

Winter-Spring 2016 PRESCHOOL LIVING AND LEARNING

Volunteer Opportunity Heart-Healthy Program



For more information, contact the Bloomington Parks and Recreation Department at 812-349-3700 or visit us at bloomington.in.gov/parks. Register at bloomington.in.gov/parks or stop by the office at City Hall, 401 N. Morton St., Suite 250.

Bloomington Parks and Recreation Department

@BlmatParksnRec

nclusive Approach to Recreation: All City of Bloomington Parks and Recreation programs are inclusive to people with and without disabilities. Please contact our Inclusive Recreation Coordinator Amy Shrake, CTRS, for details: 812-349-3747 or shrakea@bloomington.in.gov

MUSIC AND DANCE

Super Sampler

Try free samples of the Music Time for Toddlers and Signing Babies classes before they officially begin! Instructor Lisa Bruns gives interactive demonstrations of both these musical specialty classes.

Sa 1/23 • 10-10:45 a.m.

FREE • For ages 5 yrs. and under w/parent. Twin Lakes Recreation Center, 1700 W. Bloomfield Rd.

Signing Babies

Sign a song of bears, balls, or bubbles! Watch—can your hands say "music" to the beat? Use the power of music and play to create unique opportunities to share ASL signing with your child. Signing with young, hearing babies and children enriches their interactions, relieves frustration, and gives you fascinating insights into your little one's thoughts and preferences. Signing facilitates early speech, vocabulary, and memory development. Through songs, toys, and playtime, this class teaches more than 50 signs children can use to "talk" with parents. Signing Babies classes are cancelled when MCCSC classes are cancelled.

M 1/25-2/29 • 9:30-10:15 a.m. • Register by 1/22. \$75/in-city, \$85/non-city • For ages 6–24 months w/parent. Twin Lakes Recreation Center, 1700 W. Bloomfield Rd.

Music Time for Toddlers

This music class encourages your child to uncover an engaging musical world while building confidence, self-control, and communication skills. Toddlers engage in singing, imitating sounds, rhyming, and object identification to foster language skills. Creative movement to various "moods" develops a sense of balance, timing and spatial awareness. Specially designed exploration, movement, and story time encourage emergent literacy and help make this class enjoyable for caregivers and children alike. Music Time for Toddlers classes are cancelled when MCCSC classes are cancelled.

M 1/25-4/25 • 10:30-11:15 a.m. • Register by 1/25. M 1/25-4/25 • 6-6:45 p.m. • Register by 1/25. \$110/in-city, \$120/non-city • For ages 1–3 yrs. w/parent. Class does not meet March 14. Twin Lakes Recreation Center, 1700 W. Bloomfield Rd.

Reimagining Opera for Kids presents The Magic Flute

The Magic Flute is a classic opera adapted for children by Reimagining Opera for Kids, a service learning partner of the Jacobs School of Music at Indiana University.

F 2/12 • 10-10:45 a.m.

FREE • For ages 3 yrs. and up w/parent. Siblings are welcome. Banneker Community Center, 930 W. Seventh St.

LIVING AND LEARNING

Toy Time

The Banneker Center is brimming with toys and activities for vour child, and comfortable carpeting and chairs for you! The third floor remains open for free play if your child prefers not to participate in structured activities.

M-F 1/4-5/27 • 9:30 a.m.-noon FREE • For ages newborn-5 yrs. w/parent. Banneker Community Center, 930 W. Seventh St.

Preschool Story Hour

Storybooks come to life on Monday mornings. Crafts, games, and making new friends enhance the richness of children's literature. Instructor: Jennifer Perry

M 1/4-5/23 • 10-11 a.m. • FREE • For all ages. Banneker Community Center, 930 W. Seventh St.

African American Read-In

Celebrate Black History Month at Banneker with an African American Read-In. Guest readers share poems, children's books, and other works by African American authors. Instructor: Jennifer Perry

F 2/5 • 6:30-7:30 p.m. • For all ages. Banneker Community Center, 930 W. Seventh St.

Preschool Garden Club

Mother Hubbard's Cupboard's garden educators provide free garden programming for preschoolers and parents. Register in advance for this free program. Instructor: Georgia O'Connor

W 3/30-5/25 • 10-11 a.m. • FREE For ages 5 yrs. and under w/parent. Banneker Community Center, 930 W. Seventh St.

Pajama Party Story Time NEW

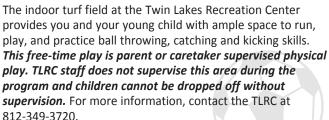
Bring the kids in their PJs for an evening family storytime and pajama party. We'll share books, sing songs, and enjoy some milk and cookies. Visit Banneker's Evans-Porter Memorial Library before or after the program to check out books to take home. Instructor: Jennifer Perry

F 4/8 • 6:30-7:30 p.m.

For ages 10 yrs. and under w/parent. Banneker Community Center, 930 W. Seventh St.

SPORTS AND FITNESS

Turf Time for Toddlers



M, W • 9:30-10:30 a.m.

\$5, FREE for TLRC members • For ages 1–6 yrs. w/parent. Twin Lakes Recreation Center, 1700 W. Bloomfield Rd.

Physical Fridays

Each Friday the gym at the Banneker Community Center buzzes with preschool play. Your energetic child will love all the active, free-play options: mini basketball, hula hoop, riding toy cars, jumping and running!

F 1/8-5/27 • 9:30 a.m.-noon • FREE • For all ages. Banneker Community Center, 930 W. Seventh St.

Turf Tigers





Bloomington Soccer offers players age 4-5 yrs. an introduction to the world's most popular game. Visit bloomingtonsoccer.net for more information or to register.



SPORTS AND FITNESS (continued)

Basketball Future Stars



Give your preschooler a chance to explore the game of basketball! Young players get a foundation of ball handling skills with age-appropriate drills that teach the basics of defense, dribbling, passing and shooting. Parent participation is welcome and encouraged. Future Stars is cancelled when MCCSC classes are cancelled.

Banneker Community Center, 930 W. Seventh St. Sa 1/30-3/5 • 10-10:45 a.m. • Register by 1/22. \$50/in-city, \$55/non-city • For ages 3-5 yrs. w/parent. Twin Lakes Recreation Center, 1700 W. Bloomfield Rd. W 2/3-3/9 • 4:45-5:30 p.m. • Register by 1/29. \$50/in-city, \$55/non-city • For ages 3-5 yrs. w/parent.

Soccer Sport Shorties



The indoor turf at the Twin Lakes Recreation Center is the ideal place for preschool athletes to learn the basic skills of team soccer! Young athletes take part in fun, recreational drills to develop kicking, passing, and ball handling skills in this weekly program. Soccer Sport Shorties classes are cancelled when MCCSC classes are cancelled. If MCCSC classes are delayed. Soccer Sport Shorties will meet as scheduled. Registration includes T-shirt. Instructor: Crystal Ritter

Tu 2/2-3/8 • 10-10:45 a.m. • Register by 1/29. \$50/in-city, \$55/non-city • For ages 3-5 yrs. w/parent. Twin Lakes Recreation Center, 1700 W. Bloomfield Rd.

Tee Ball Sport Shorties



Sport Shorties athletes learn the basic skills of baseball in a fun and safe atmosphere. Participants are introduced to throwing, batting, fielding and live game experiences. Parent participation is welcome and encouraged. Teams are determined after the registration deadline. Participants are contacted via e-mail with team placement and game/ practice times. Games and practices run for 45 minutes between 10 a.m. and 2 p.m. There is one built-in rain date on June 18. If there is more than one rainout, it will not be rescheduled. Player/coach requests should be noted on registration form or in online comment section. For more information about Tee Ball Sport Shorties contact the Banneker Community Center at 812-349-3735. In case of inclement weather, call the Outdoor Sports Hotline at 812-349-3610.

Volunteer Coaches Needed: If interested in coaching, contact the Special Services Coordinator at 812-349-3739.

Coaches Orientation Session: Thursday, April 28 from 5:30–6:15 p.m. at the Banneker Community Center.

Sa 4/30-6/11 • Times TBD • Register by 4/22. \$50/in-city, \$55/non-city

Choose your appropriate league: Ages 3-4 yrs. w/parent or ages 5-6 vrs. w/parent.

Lower Cascades Park ball fields, 2851 N. Old State Rd. 37

LEARN TO RIDE V



Spend the entire summer cruising on your bicycle after this Bloomington Bikes Week class. Beginning bike riders learn how to confidently and safely ride their bikes through individual instruction, and also learn about bike maintenance, road safety and proper bike and helmet fitting. Each participant receives a free bike helmet and must bring a bicycle without training wheels. Parents are encouraged to participate and must remain on site. Instructor: Vince Caristo

Tu-W-Th 5/3-5/5 • 4:30-5:30 p.m. • Register by 4/29. Tu-W-Th 5/10-5/12 • 5:30-6:30 p.m. • Register by 5/6. \$35/in-city, \$40/non-city • For ages 7–11 yrs. w/parent. Sherwood Oaks Christian Church, 2700 E. Rogers Rd. southeast corner of parking lot

Bloomington Girls Softball

Intro League play involves the use of a cloth-filled leather ball, tees, and coach pitch. A great first-time sports experience for youth ages 4-6 yrs. For more information contact Jeigh Hockersmith at 812-349-3774 or visit our Web site.

SPECIAL EVENTS

Healthy Valentine's Day

Celebrate health, family togetherness and Heart Month during a special Valentine'sthemed evening with healthy snacks, crafts and games. Take part in a healthy Valentine's Day and make a heartfelt Valentine for someone you love!

F 2/12 • 6-8 p.m.

FREE • For ages 5-10 yrs. w/parent.

Banneker Community Center, 930 W. Seventh St.



FRANK SOUTHERN ICE ARENA 2100 S. Henderson St. ICE INFORMATION HOTLINE: 812-349-3741

Rink Season: October 16-March 4 **Public Skating**

Monday through Friday: Noon-2:30 p.m.

Friday: 7–9 p.m.

Saturday: 1–2:30 p.m.

7-9 p.m. (Lunar Skating) 9:15-11 p.m. (Night Owl)

Sunday: 3-5 p.m.

General Admission: \$6

Skate Rental: \$3

New Skate Sharpening: \$10

Skate Sharpening: \$5 and \$6 (immediate service) **Economy Pass:** \$54 (10 sessions, excludes skate rental)



The program helps skaters progress with confidence from level to level at a quicker, more confident pace.

Session II: January 7–February 27 • Register by 1/7.

For detailed information, visit bloomington.in.gov/skatingschool.



Sunday, April 10 1-4 p.m.

Bloomington/Monroe County Convention Center, 302 S. College Ave.

Celebrating 31 Years of Healthy, **Active** Children!

The Children's Expo is a parent's treasure trove for informational, educational, and recreational resources. The Bloomington/Monroe County Convention Center houses the expo hall that brings together childcare providers, sports league coordinators, summer camp directors, education program leaders, health care providers, and many more to answer questions and become the go-to resources for healthy, active families.

The Children's Expo continues to offer free health screenings, by qualified health care professionals, for children ages 10 yrs. and younger.

Title sponsor:



bloomingtonparks.in.gov/childrensexpo

